SEASON OF CARE & HOPE: 2025 GROUPS & EVENTS

(www.colonialkc.org)



Colonial Prays: Your prayer requests are very important to us! You can contact a pastor, submit a request online at colonialkc.org/prayer, fill out a prayer card, QR code, receive prayer at worship, or leave a message on our Prayer Line at 816-501-3069. It's a blessing for our Pastors and Colonial Prayer Team to pray for you! *Ephesians 6:18 "And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people".*



Soul Healing Prayer: Prayer Partners are trained and meet with you in a confidential time of prayer. Together, we invite Jesus into your situation knowing healing and freedom come hearing His words of grace and truth. Contact Nancy Morgan to set up a time at the OP or SKC Campus for prayer at nemorgan2@gmail.com, 913-269-5252. **Next conference**, **April 4, 6:00 pm-9:00 pm., OP Lighthouse.** Speakers present topics dealing with struggles such a loneliness, fear, anger, and difficulties in relationships. After each talk, trained prayer partners are available to pray. Contact Nancy Morgan for details.





Licensed List of Therapists: Colonial has a vetted list of licensed therapists that are followers of Jesus and have connections to our church. If you would like assistance in choosing a therapist or applying for counseling scholarship funds, contact Pastor Greg Ealey, gealey@colonialkc.org, (South KC Campus) or Pastor Mark Potter, mpotter@colonialkc.org (Overland Park Campus). The full list is located on our website at: colonialkc.org/ministries. Scroll down to Prayer & Support. Through the hard times of today, we have hope in our Lord and Savior Jesus Christ!

Offered twice a year at Colonial. Begins Tuesday, January 21, 12-1:30PM, SKC Campus, Room 302. Grief Share is a welcoming place where people understand the difficult emotions of grief. In this 13-week group, you'll discover what's "normal" in grief through discussions of videos featuring leading grief recovery experts. Since there are no orderly stages of grief, you'll learn helpful ways of coping with grief and gain solid support. Griefshare is open to any adult who has experienced the death of a family member, friend, or loved one. Contact Sharon Renwick, Care Coordinator, at srenwick@colonialkc.org, (831) 233-0326. For local group listings go to: griefshare.org/findagroup.

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Caregiver Support Group: Meets 1 & 3 Thursdays, 12 to 1:30 p.m., South KC campus, room 101, 1st Floor, main sanctuary entrance. All caregivers are invited who have a loved one whose health is diminishing. Join us as we pray, listen, offer support, ideas, and resources with others caring for a loved one at home or in a care community. You are appreciated and not alone. Come and be refreshed and encouraged. You are welcome to bring a friend or family member. For more information contact: Betsy Vicknair, bvicknair@colonialkc.org, 913-787-3979. 1 Thessalonians 5:11 "Therefore encourage one another and build each other up, just as in fact you are doing."

Flying Solo: A Support Group for Widows: SKC Campus, 4th Wednesdays, 1:00-3:00 PM, RM 302: Believing God left us here on purpose for a purpose, and that Jesus wants us to follow Him as he recovers our life from loss, our mission is to discover and live into God's will for our repurposed life. Join us, and bring a friend, as we journey together into a deeper relationship with Jesus through monthly topics relevant to widows, group discussion, encouragement, discipleship, and prayer. For more information, please contact Paula Freeman, 303-514-0415 or at paulasfreeman@gmail.com



3rd Wednesdays, 2:00-3:30PM, OP Campus, RM 204.

This is a new group intended to comfort and support men who have lost their spouses, and to encourage them to move forward through their grief journey. To provide a safe place to share their feelings, pain, and progress, the group is interactive and discussion oriented. And to provide fellowship and fun. We welcome men from Colonial and our community. The group will be led by Keith Swartz, Bill Brooks, and Barry Duwe. Please contact Jim Howard for more information at jimhoward@msn.com.



Men's Retirement Group: 2nd Wednesdays, 6:30-8:00 p.m., SKC Campus, room 105: Are you retired, thinking about retiring or semi-retired? Come join us for fellowship and conversation about issues you are facing, what's your purpose, insights about aging parents, kids leaving "the nest", managing your health and what about having fun? Find answers and ideas while being encouraged with those encountering or embracing retirement. Starts May 8. For more information, contact Terry Clevenger, tclevengers@yahoo.com, 913-406-6851. See you then! *"The heart of man plans His way, but the Lord establishes His steps." Proverbs 16:9*

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Thursdays, 6:30-8 PM. CST, Zoom: Could you use some prayer, fellowship, and encouragement? We would love to be a small group you call home. While some people are in job transition, others are in "life transition" – if you could use support, prayer, encouragement, and fellowship from other believers in Jesus Christ – we'd love to get to know you and help in any way we can. For more information and registration contact facilitator, Elizabeth Allen, eallen@EconomyOfOne.com. All are welcome. Come Zoom with us!

SECOND SATURDAYS, 10:00-11:30 AM: SKC Campus, Fellowship Hall (A), room 101. Discover ways to live a healthier, more abundant life in Christ through faith, nutrition, and lifestyle. Come join us as we pray, offer ideas, share resources, and discuss topics relating to life giving foods, daily habits, exercise, overcoming stress, and more! We're all in this together! *"I have come that they may have life and have it abundantly." John 10:10.* Contact Betsy & David Vicknair, bvicknair@colonialkc.org, 913-787-3979 for additional information.



MONTHLY/ONGOING: 3rd Thursdays, 6:00 to 7:30 PM, OP Campus, Room 204. Are you feeling alone or unsupported in your loss? You may carry loss that is not openly acknowledged or mourned. We will discuss misunderstood or complicated loss from past or present trauma such as: loss of estranged family member, relationship, abuse, miscarriage, abortion, loved ones with declining health, substance abuse, or dementia, and other life altering events. For more information, contact facilitator, Licensed clinical therapist & Colonial member, Dee Hudgens, RN, MSW, LSCSW, 913-205-6340 or msdee2304@gmail.com. "Come to Me, all of you who labor and are heavy laden, and I will give you rest." Matthew 11:28